

ADULT INTAKE FORM

Client's name: _____ Date: _____

Gender: ___F ___M Date of birth: _____ Age: ___ SSN: _____

Form completed by _____

If you need more space for the following questions, please use the back of the sheet.

Primary reason(s) for seeking services:

- ___ Anger management ___ Anxiety ___ Coping ___ Depression
 ___ Addictive behaviors ___ Fear/phobias ___ Mental confusion ___ Sexual concerns
 ___ Sleeping problems ___ Eating disorder ___ Alcohol/drugs ___ Hyperactivity
 ___ Other mental health concerns (specify): _____

Is there a lawsuit or custody suit pending, or is there a probability of a lawsuit being filed regarding the problem for which you are seeking counseling? Yes ___ No ___

If yes, please explain: _____

EMOTIONAL/PSYCHIATRIC TREATMENT HISTORY

Information about (past and present):

	Yes	No	When	Where	Reaction or overall experience
Counseling/Psychiatric:	___	___	_____	_____	_____
Treatment:	___	___	_____	_____	_____
Suicidal thoughts/attempts:	___	___	_____	_____	_____
Drug/alcohol treatment:	___	___	_____	_____	_____
Hospitalization:	___	___	_____	_____	_____

Diagnosis _____ Treatment Beneficial? _____

Has a family member had outpatient psychotherapy? Yes _____ No _____

If yes, who/why (list all): _____

Current prescribed medications Dose Dates Purpose Side Effects

Current over-the-counter meds Dose Dates Purpose Side Effects

Has any family member used psychotropic/mental health medications? Yes _____ No _____

If yes, who/why (list all): _____

Behavioral/Emotional

Please check any of the following that are typical for you:

- | | | |
|---|--|---|
| <input type="checkbox"/> Affectionate | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Panic Attacks |
| <input type="checkbox"/> Aggressive | <input type="checkbox"/> Fearful | <input type="checkbox"/> Phobias |
| <input type="checkbox"/> Alcohol Problems | <input type="checkbox"/> Frequent Injuries | <input type="checkbox"/> Poor Appetite |
| <input type="checkbox"/> Angry | <input type="checkbox"/> Frustrated Easily | <input type="checkbox"/> Psychiatric Problems |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Gambling | <input type="checkbox"/> Sad |
| <input type="checkbox"/> Blinking, Jerking | <input type="checkbox"/> Generous | <input type="checkbox"/> Selfish |
| <input type="checkbox"/> Bizarre Behavior | <input type="checkbox"/> Hallucinations | <input type="checkbox"/> Sexual Addiction |
| <input type="checkbox"/> Careless, Reckless | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Sick Often |
| <input type="checkbox"/> Chest Pains | <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Short Attention Span |
| <input type="checkbox"/> Clumsy | <input type="checkbox"/> Hurts Animals | <input type="checkbox"/> Shy, Timid |
| <input type="checkbox"/> Cooperative | <input type="checkbox"/> Irritable | <input type="checkbox"/> Sleeping Problems |
| <input type="checkbox"/> Confident | <input type="checkbox"/> Impulsive | <input type="checkbox"/> Slow Moving |
| <input type="checkbox"/> Cyber Addiction | <input type="checkbox"/> Lazy | <input type="checkbox"/> Speech Problems |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Lies Frequently | <input type="checkbox"/> Suicidal Threats |
| <input type="checkbox"/> Destructive | <input type="checkbox"/> Listens to Reason | <input type="checkbox"/> Suicidal Attempts |
| <input type="checkbox"/> Difficulty Speaking | <input type="checkbox"/> Loner | <input type="checkbox"/> Teeth Grinding |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Low Self-Esteem | <input type="checkbox"/> Tics or Twitching |
| <input type="checkbox"/> Drugs Dependence | <input type="checkbox"/> Messy | <input type="checkbox"/> Unsafe Behaviors |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Moody | <input type="checkbox"/> Unusual Thinking |
| <input type="checkbox"/> Enthusiastic | <input type="checkbox"/> Often Sick | <input type="checkbox"/> Weight Loss |
| <input type="checkbox"/> Excessive Masturbation | <input type="checkbox"/> Over Active | <input type="checkbox"/> Withdrawn |
| <input type="checkbox"/> Expects Failure | <input type="checkbox"/> Over Weight | <input type="checkbox"/> Worries Excessively |

Other: _____

Please describe any of the above (or other) concerns: _____

Medical/Physical Health (check all that apply to your health)_

- | | | |
|--|--|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Muscular Dystrophy |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Ear Aches | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Ear Infections | <input type="checkbox"/> Perceptual Motor Disorder |
| <input type="checkbox"/> Blackouts | <input type="checkbox"/> Eczema | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Blindness | <input type="checkbox"/> Encephalitis | <input type="checkbox"/> Spinal Bifida |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Fevers | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Glandular Problems | |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Heart Diseases | |
| <input type="checkbox"/> Congenital Problems | <input type="checkbox"/> High Blood Pressure | |
| <input type="checkbox"/> Croup | <input type="checkbox"/> Kidney Disease | |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Mental Illness | |
| <input type="checkbox"/> Deafness | <input type="checkbox"/> Migraines | |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Multiple Sclerosis | |
| <input type="checkbox"/> Diphtheria | <input type="checkbox"/> Mental Retardation | |

List any current health concerns: _____

List any recent health or physical changes: _____

List any known allergies: _____

Describe any serious hospitalizations or accidents:

Date	Age	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

Nutrition (Define your current nutritional status)

Do you eat Breakfast, Lunch, Dinner, Snacks? Yes _____ No _____

Would you consider your food choices healthy? Yes _____ No _____

Do you have any issues relating to nutrition? Yes _____ No _____

Please explain: _____

Most Recent Examinations (Define any concerns, problems, issues)

Type of Examination	Date of Most Recent Visit	Results
Physical Examination:	_____	_____
Dental Examination:	_____	_____
Vision Examination:	_____	_____
Hearing Examination:	_____	_____

CHILDHOOD (Check corresponding boxes defining your childhood experience)

Present entire childhood: Mother ____ Father ____ Stepmother ____ Stepfather ____

Brother(s) ____ Sister(s) ____ Other (specify) _____

Present part of childhood: Mother ____ Father ____ Stepmother ____ Stepfather ____

Brother(s) ____ Sister(s) ____ Other (specify) _____

Not present at all: Mother ____ Father ____ Stepmother ____ Stepfather ____

Brother(s) ____ Sister(s) ____ Other (specify) _____

CLIENTS PARENTS HISTORY

Parent's marital status: Married to each other for ____ years;
Separated for ____ years Divorced for ____ years; Please Explain: _____

Describe parents:

Father deceased for ____ years, age of client at father's death

Father Occupation _____

Education Level _____

General Health _____

Father remarried ____ times Father involved with someone else _____

Your relationship with parent __Poor __Average __Good; Please Explain: _____

Mother deceased for ____ years, age of client at mother's death

Mother Occupation _____

Education Level _____

General Health _____

Mother remarried ____ times; Mother involved with someone else _____

Your relationship with parent __Poor __Average __Good; Please Explain: _____

Describe childhood family experience:

____ Outstanding Home Environment ____ Normal Home Environment

____ Chaotic Home Environment ____ Witnessed physical/verbal/sexual abuse toward others

____ Witnessed physical/verbal/sexual abuse from others

Age of emancipation from home: _____ **Circumstances:** _____

Special circumstances in Childhood: _____

IMMEDIATE FAMILY/ RELATIONSHIPS (*Describe your family situation and living arrangements*) _____

Your Current Relationship Status: Never been in serious relationship ____

Not currently in relationship ____ Currently in serious relationship ____

Martial Status: ____ Single, never married; Engaged ____ months

Married for ____ years; Divorced for ____ years; Separated for ____ years

Divorce in process ____ months; Live-in for ____ years; Prior marriages self ____ partner ____

Relationship Satisfaction: Very satisfied with relationship ____ Satisfied ____

Somewhat satisfied ____ Somewhat dissatisfied ____ Dissatisfied ____ Very dissatisfied ____

Describe any past or current significant issues in intimate relationships: _____

IMMEDIATE FAMILY CONTINUED

List all persons/family members living in client's household:

Name Family member	Age	Gender	Relationship (e.g., grandparent, cousin, foster child)	Quality of Relationship with the Client
------------------------------	-----	--------	---	--

_____	_____	__F__M	_____	__Poor__Average__Good
_____	_____	__F__M	_____	__Poor__Average__Good
_____	_____	__F__M	_____	__Poor__Average__Good
_____	_____	__F__M	_____	__Poor__Average__Good

Others living in the household

Relationship
(e.g., grandparent, cousin, foster child)

_____	_____	__F__M	_____	__Poor__Average__Good
_____	_____	__F__M	_____	__Poor__Average__Good
_____	_____	__F__M	_____	__Poor__Average__Good
_____	_____	__F__M	_____	__Poor__Average__Good

Children not listed above

_____	_____	__F__M	_____	__Poor__Average__Good
_____	_____	__F__M	_____	__Poor__Average__Good

Describe any past or current significant issues in other immediate family relationships: _____

Comments: _____

FAMILY MEDICAL HISTORY (Check all that apply for client)

Is there a history of any of the following in the family:

- | | | |
|---|---|---|
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Thyroid Problems | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Birth Defects | <input type="checkbox"/> Cancer | <input type="checkbox"/> Drug Abuse |
| <input type="checkbox"/> Emotional Problems | <input type="checkbox"/> Mental Retardation | <input type="checkbox"/> Alzheimer's Disease/Dementia |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | Other: _____ |
| <input type="checkbox"/> Behavior Problems | <input type="checkbox"/> Stroke | |

SUBSTANCE USE HISTORY (Check all that apply for client)

Family alcohol/drug abuse history: ___ Father ___ Mother ___ Grandparent(s) -
___ Sibling(s) ___ Stepparent/live-in ___ Uncle(s)/Aunt(s) ___ Spouse/Significant Other
___ Children ___ Other _____ Describe: _____

Client's Substance use status: ___ No history of abuse ___ Active abuse
___ Early full remission ___ Early partial remission ___ Sustained full remission
___ Sustained partial remission

Clients Treatment history: Outpatient (ages[s] _____) Inpatient (age[s] _____)
12-step program (age[s] _____) Stopped on own (age[s] _____)
Describe _____

Consequences of substance use (check all that apply):

- ___ Hangovers
- ___ Seizures
- ___ Blackouts
- ___ Overdose
- ___ Binges
- ___ Withdrawal symptoms
- ___ Medication complications
- ___ Tolerance changes
- ___ Loss of control amount used
- ___ Sleep disturbance
- ___ Assaults
- ___ Suicidal impulse
- ___ Relationship conflicts
- ___ Job loss
- ___ Arrest

Other: _____

Substances used (list all): _____

SOCIO-ECONOMIC HISTORY (Check all that apply)

Living Situation:

Housing adequate Homeless Housing crowded
 Dependent on others for housing Housing dangerous/deteriorating
 Living companions dysfunctional

Employment: Where employed _____

Employed and satisfied Employed but dissatisfied Unemployed
 Coworker conflicts Supervisor conflict Unstable work history
 Disabled (describe) _____

Feelings about Work:

Anxious Passive Enthusiastic Fearful
 Eager No Expression Bored Rebellious
 Other (describe): _____

Financial Situation:

No current financial problems Large indebtedness
 Poverty or below-poverty income Impulsive spending
 Relationship conflicts over finances Other(Describe) _____

Social Support System:

Supportive network Few friends Substance-use-based-friends
 No friends Distant from family of origin

Military History:

Never in military Served in military-no incident Served in military with incident
Describe _____

Legal History:

No legal problems Now on parole/probation Arrest(s) not substance-related
 Arrest(s) substance-related Court ordered this treatment
Jail/prison _____ times, total time served: _____
Describe last legal difficulty: _____

Leisure Recreational

Describe special areas of interest or hobbies (e.g. art, books, crafts, physical fitness, sports, outdoor activities, church activities, walking, exercising, diet/health, hunting, fishing, bowling)

Activity	How often now? weekly, none, ect)	How often in the past? (weekly, none, ect)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Any additional information that you believe would assist us in understanding your situation?

Any additional information that would assist us in understanding current concerns or problems?

What are your goals for therapy? _____

What family involvement would you like to see in the therapy? _____

Are you currently suicidal at this time? ___Yes ___No

If Yes, explain: _____
