

PERSONAL HISTORY FORM – CHILD/ADOLESCENT (<18)

Client's name: _____ Date: _____

Gender: ___F ___M Date of birth: _____ Age: ___ SSN _____

Form completed by _____

If you need more space for the following questions, please use the back of the sheet.

Primary reason(s) for seeking services:

___ Anger management ___ Anxiety ___ Coping ___ Depression
___ Addictive behaviors ___ Fear/phobias ___ Mental confusion ___ Sexual concerns
___ Sleeping problems ___ Eating disorder ___ Alcohol/drugs ___ Hyperactivity
___ Other mental health concerns (specify): _____

Is there a lawsuit or custody suit pending, or is there a probability of a lawsuit being filed regarding the problem for which you are seeking counseling? Yes ___ No ___

If yes, please explain: _____

FAMILY HISTORY

Current Parental Marital Status: Married to each other for ___ years;

Separated for ___ years Divorced for ___ years; Please Explain: _____

Father remarried ___ times Father involved with someone else _____

Mother remarried ___ times; Mother involved with someone else _____

If divorced or separated, who has legal custody? _____

Were the child's/adolescent's parents ever married? ___ Yes ___ No

CLIENT'S MOTHER

Name: _____ Date of birth: _____ Occupation: _____

Where employed: _____ Work phone: _____ FT ___ PT ___

Mother's Education: _____

Is the child/adolescent currently living with mother? ___ Yes ___ No

___ Natural Parent ___ Set-Parent ___ Adoptive Parent ___ Foster Home

Mothers relationship with Client ___ Poor ___ Average ___ Good;

Other (specify): _____

Is there anything notable, unusual or stressful about the child's/adolescent's relationship with the mother?

___ Yes ___ No If Yes, please explain: _____

How does the mother discipline the child/adolescent? _____

For what reasons does the mother discipline the child/adolescent? _____

CLIENT'S FATHER

Name: _____ Date of birth: _____ Occupation: _____

Where employed: _____ Work phone: _____ FT ___PT___

Father's Education: _____

Is the child/adolescent currently living with father? _____Yes _____No

____ Natural Parent ____ Set-Parent ____ Adoptive Parent ____ Foster Home

Fathers relationship with Client ___Poor ___Average ___Good;

Other (specify): _____

Is there anything notable, unusual or stressful about the child's/adolescent's relationship with the father?

_____Yes _____No If Yes, please explain: _____

How does the father discipline the child/adolescent? _____

For what reasons does the father discipline the child/adolescent? _____

IMMEDIATE FAMILY CONTINUED

List all persons/family members living in client's household and all siblings:

Names of Siblings	Age	Gender	Lives		Quality of Relationship with the Client		
			Home	Away	Poor	Average	Good
_____	_____	___F___M	___Home___	___Away___	___Poor___	___Average___	___Good___
_____	_____	___F___M	___Home___	___Away___	___Poor___	___Average___	___Good___
_____	_____	___F___M	___Home___	___Away___	___Poor___	___Average___	___Good___
_____	_____	___F___M	___Home___	___Away___	___Poor___	___Average___	___Good___

Others living in the household

Relationship
(e.g., grandparent, cousin, foster child)

_____	_____	___F___M	_____	___Poor___	___Average___	___Good___
_____	_____	___F___M	_____	___Poor___	___Average___	___Good___
_____	_____	___F___M	_____	___Poor___	___Average___	___Good___
_____	_____	___F___M	_____	___Poor___	___Average___	___Good___

Describe any past or current significant issues in other immediate family relationships: _____

FAMILY HEALTH HISTORY

Have any of the following diseases occurred among the child's/adolescent's blood relatives (parents, siblings, aunts, uncles, or grandparents)?

Check those which apply:

- | | | |
|--|--|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Deafness | <input type="checkbox"/> Muscular Dystrophy |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Glandular Problems | <input type="checkbox"/> Perceptual Motor Disorder |
| <input type="checkbox"/> Bleeding Tendency | <input type="checkbox"/> Heart Diseases | <input type="checkbox"/> Mental Retardation |
| <input type="checkbox"/> Blindness | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Spinal Bifida |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Mental Illness | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Cleft Lips | <input type="checkbox"/> Migraines | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Cleft Palate | <input type="checkbox"/> Multiple Sclerosis | _____ |

Comments Family Health: _____

PREGNANCY/ BIRTH

Has the child's/adolescent's mother had any occurrences of miscarriages or stillborns?

Yes No If Yes, describe: _____

Was the pregnancy with child/adolescent planned? Yes No

Mother's age at child's birth: _____ Father's age at child's birth: _____

Child/adolescent number: _____ of _____ total children.

How many pounds did the mother gain during the pregnancy? _____

While pregnant, did the mother smoke? Yes No If Yes, what amount: _____

Did the mother use drugs of alcohol? Yes No If Yes, what type/amount: _____

While pregnant, did the mother have any medical or emotional difficulties (e.g. surgery, hypertension, medication)? Yes No If Yes, please describe: _____

Length of Pregnancy: _____ Baby's birth weight: _____ Baby's birth length: _____

Length of Labor: _____ Induced? Yes No; Cesarean? Yes No

Describe any physical or emotional complications with the delivery: _____

Describe any complications for the mother or the baby with the delivery: _____

INFANCY/TODDLER (Check all that apply)

<input type="checkbox"/> Breast-fed	<input type="checkbox"/> Milk Allergies	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Bottle-fed	<input type="checkbox"/> Rashes	<input type="checkbox"/> Colic	<input type="checkbox"/> Constipation
<input type="checkbox"/> Not Cuddly	<input type="checkbox"/> Cried Often	<input type="checkbox"/> Rarely Cried	<input type="checkbox"/> Overactive
<input type="checkbox"/> Resisted Solid Food	<input type="checkbox"/> Trouble Sleeping	<input type="checkbox"/> Irritable When Awakened	<input type="checkbox"/> Lethargic

DEVELOPMENT HISTORY: (Check all that apply)

Child's development was: Slow Average Fast

In what areas **did development veer** from normal?

Sat Alone Dressed Self took 1st Steps Tied Shoe Laces Spoke Words

Rode Two-Wheeled Bike Spoke Sentences, Toilet Trained

Weaned

Dry During Day Fed Self

Dry During Night

Compared with others in the family, child's/adolescent's development was:

Slow Average Fast

Age for following developments were (List age below)

Began Puberty _____ Menstruation: _____ Voice Change: _____

Convulsion: _____ Breast Development: _____ Injuries or Hospitalization: _____

Issues that affected child's/adolescent's development (e.g. physical/sexual abuse, inadequate nutrition, neglect, etc.): _____

EDUCATION

Current School: _____

Type of School: Public Private Home Schooled Other (specify): _____

Grade: _____ Teacher: _____

In Special Education: Yes No If Yes, describe: _____

In Gifted Program: Yes No If Yes, describe: _____

Has child/adolescent ever been held back in school? Yes No

If Yes, describe: _____

Which subjects does the child/adolescent enjoy in school? _____

Which subjects does the child/adolescent dislike in school? _____

What grades does the child/adolescent usually receive in school? _____

Have there been any recent changes in the child's/adolescent's grades? ___ Yes ___ No

If Yes, describe: _____

Has the child/adolescent been tested psychologically? ___ Yes ___ No

If Yes, describe: _____

Check all the descriptions that relate to your child/adolescent: (Parent's Opinion):

Feelings about School Work:

___ Anxious ___ Passive ___ Enthusiastic ___ Fearful
___ Eager ___ No Expression ___ Bored ___ Rebellious
___ Other (describe): _____

Approach to School Work:

___ Organized ___ Industrious ___ Responsible ___ Interested
___ Self-directed ___ No initiative ___ Refuses ___ Does only what is expected
___ Sloppy ___ Disorganized ___ Cooperative ___ Doesn't complete assignments
___ Other (describe): _____

Performances in School

___ Satisfactory ___ Underachiever ___ Overachiever
___ Other (describe): _____

Child's/Adolescent's Peer Relationships:

___ Spontaneous ___ Follower ___ Leader ___ Difficulty making friends
___ Makes friends easily ___ Long-time friends ___ Shares easily
___ Other (describe): _____

Who handles responsibility for your child/adolescent in the following areas?

School: ___ Mother ___ Father ___ Shared ___ Other (specify): _____
Health: ___ Mother ___ Father ___ Shared ___ Other (specify): _____
Problem Behavior: ___ Mother ___ Father ___ Shared ___ Other (specify): _____

If the child/adolescent is involved in a vocational program or works a job, please fill in the following:

How is the child's/adolescent's grades in school been affected since working?

Lower Same Higher

How many previous jobs or placements has the child/adolescent had? _____

Usual length of employment: _____ Usual reason for leaving: _____

LEISURE RECREATIONAL

Describe special areas of interest or hobbies (e.g. art, books, crafts, physical fitness, sports, outdoor activities, church activities, walking, exercising, diet/health, hunting, fishing, bowling, school activities, scouts, etc.)

Activity	How often now? (weekly, none, ect)	How often in the past? (weekly, none, ect)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

LEGAL HISTORY

No legal problems Now on probation Arrest(s) not substance-related

Arrest(s) substance-related Court ordered this treatment

JDC/Jail how many times, total time served: _____

Describe last legal difficulty: _____

Medical/Physical Health

- | | | |
|--|---|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Diseases |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Diphtheria | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Blackouts | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Ear Aches | <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Ear Infections | <input type="checkbox"/> Mental Retardation |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Eczema | <input type="checkbox"/> Muscular Dystrophy |
| <input type="checkbox"/> Congenital Problems | <input type="checkbox"/> Encephalitis | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Croup | <input type="checkbox"/> Fevers | <input type="checkbox"/> Perceptual Motor |
| <input type="checkbox"/> Disorder | <input type="checkbox"/> Deafness | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Glandular Problems | <input type="checkbox"/> Spinal Bifida | <input type="checkbox"/> Suicide |

List any current health concerns: _____

List any recent health or physical changes: _____

Describe any serious hospitalizations or accidents:

Date	Age	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

Nutrition (Define your current nutritional status)

Does your child eat Breakfast Lunch Dinner Snacks? Yes _____ No _____

Would you consider their food choices healthy? Yes _____ No _____

Does your child have any issues relating to nutrition? Yes _____ No _____

Please explain: _____

Most Recent Examinations (Define any concerns, problems, issues)

Type of Examination	Date of Most Recent Visit	Results
Physical Examination:	_____	_____
Dental Examination:	_____	_____
Vision Examination:	_____	_____
Hearing Examination:	_____	_____

EMOTIONAL/PSYCHIATRIC TREATMENT HISTORY

Information about child/adolescent (past and present):

	Yes	No	When	Where	Reaction or overall experience
Counseling/Psychiatric:	_____	_____	_____	_____	_____
Treatment:	_____	_____	_____	_____	_____
Suicidal thoughts/attempts:	_____	_____	_____	_____	_____
Drug/alcohol treatment:	_____	_____	_____	_____	_____
Hospitalization:	_____	_____	_____	_____	_____
Diagnosis _____	Treatment Beneficial? _____				

Has a family member had outpatient psychotherapy? Yes _____ No _____ If yes, who/why (list all): _____

Current prescribed medications	Dose	Dates	Purpose	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Current over-the-counter meds	Dose	Dates	Purpose	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Has any family member used psychotropic medications? Yes _____ No _____
 If yes, who/why (list all): _____

Immunization record Current _____ Not current _____

Please explain _____

SUBSTANCE USE HISTORY (Check all that apply for client)

Family alcohol/drug abuse history: ___ Father ___ Mother ___ Grandparent(s) ___
 ___ Sibling(s) ___ Stepparent/live-in ___ Uncle(s)/Aunt(s) ___ Other

Describe: _____

Does the **child/adolescent** use or have a problem with alcohol or drugs? ___ Yes ___ No

If Yes, describe: _____

BEHAVIORIAL/ EMOTIONAL

Please check any of the following that are typical for your child/adolescent:

- | | | |
|---|---|--|
| <input type="checkbox"/> Affectionate | <input type="checkbox"/> Frustrated Easily | <input type="checkbox"/> Sad |
| <input type="checkbox"/> Aggressive | <input type="checkbox"/> Gambling | <input type="checkbox"/> Selfish |
| <input type="checkbox"/> Alcohol Problems | <input type="checkbox"/> Generous | <input type="checkbox"/> Separation Anxiety |
| <input type="checkbox"/> Angry | <input type="checkbox"/> Hallucinations | <input type="checkbox"/> Sets Fires |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Head Banging | <input type="checkbox"/> Sexual Addiction |
| <input type="checkbox"/> Attachment to Dolls | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Sexual Acting Out |
| <input type="checkbox"/> Avoids Adults | <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Shares |
| <input type="checkbox"/> Bedwetting | <input type="checkbox"/> Hurts Animals | <input type="checkbox"/> Sick Often |
| <input type="checkbox"/> Blinking, Jerking | <input type="checkbox"/> Imaginary Friends | <input type="checkbox"/> Short Attention Span |
| <input type="checkbox"/> Bizarre Behavior | <input type="checkbox"/> Impulsive | <input type="checkbox"/> Shy, Timid |
| <input type="checkbox"/> Bullies, Threatens | <input type="checkbox"/> Irritable | <input type="checkbox"/> Sleeping Problems |
| <input type="checkbox"/> Careless, Reckless | <input type="checkbox"/> Lazy | <input type="checkbox"/> Slow Moving |
| <input type="checkbox"/> Chest Pains | <input type="checkbox"/> Learning Problems | <input type="checkbox"/> Soiling Self |
| <input type="checkbox"/> Clumsy | <input type="checkbox"/> Lies Frequently | <input type="checkbox"/> Speech Problems |
| <input type="checkbox"/> Confident | <input type="checkbox"/> Listens to Reason | <input type="checkbox"/> Steals |
| <input type="checkbox"/> Cooperative | <input type="checkbox"/> Loner | <input type="checkbox"/> Stomach Aches |
| <input type="checkbox"/> Cyber Addiction | <input type="checkbox"/> Low Self-Esteem | <input type="checkbox"/> Suicidal Threats/ Ideations |
| <input type="checkbox"/> Defiant | <input type="checkbox"/> Messy | <input type="checkbox"/> Suicidal Attempts |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Moody | <input type="checkbox"/> Talks Back |
| <input type="checkbox"/> Destructive | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Teeth Grinding |
| <input type="checkbox"/> Difficulty Speaking | <input type="checkbox"/> Obedient | <input type="checkbox"/> Thumb Sucking |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Often Sick | <input type="checkbox"/> Tics or Twitching |
| <input type="checkbox"/> Drugs Dependence | <input type="checkbox"/> Oppositional | <input type="checkbox"/> Unsafe Behaviors |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Over Active | <input type="checkbox"/> Unusual Thinking |
| <input type="checkbox"/> Enthusiastic | <input type="checkbox"/> Overweight | <input type="checkbox"/> Weight Loss |
| <input type="checkbox"/> Excessive Masturbation | <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> Withdrawn |
| <input type="checkbox"/> Expects Failure | <input type="checkbox"/> Phobias | <input type="checkbox"/> Worries Excessively |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Fearful | <input type="checkbox"/> Psychiatric Problems | _____ |
| <input type="checkbox"/> Frequent Injuries | <input type="checkbox"/> Panic Attacks | _____ |

Please describe any of the above (or other) concerns: _____

How are problem behaviors generally handled? _____

What are the family's favorite activities? _____

What does the child/adolescent do with unstructured time? _____

Has the child/adolescent experienced death (friends, family pets, other)? ___Yes ___No

At what age? ____ If Yes, describe the child's/adolescent's reaction: _____

Have there been any other significant changes or events in your child's/adolescent's life (family, moving, fire, etc.)? ___Yes ___No If Yes, describe: _____

Any additional information that you believe would assist us in understanding your child/adolescent? _____

Any additional problems that would assist us in understanding current concerns or problems?

What are your goals for the child's/adolescent's therapy? _____

What family involvement would you like to see in the therapy? _____

Do you believe the child/adolescent is suicidal at this time? ___Yes ___No

If Yes, explain: _____
