

COUPLE'S INTAKE PAPERWORK

Separate forms to be completed by each party

Client's name: _____ Date: _____

Gender: ___F ___M Date of birth: _____ Age: ___ SSN: _____

Form completed by _____

If you need more space for the following questions, please use the back of the sheet.

Primary reason(s) for seeking services:

___ Anger management ___ Anxiety ___ Coping ___ Depression
 ___ Addictive behaviors ___ Fear/phobias ___ Mental confusion ___ Sexual concerns
 ___ Sleeping problems ___ Eating disorder ___ Alcohol/drugs ___ Hyperactivity
 ___ Other mental health concerns (specify): _____

EMOTIONAL/PSYCHIATRIC TREATMENT HISTORY

Information about (past and present):

	Yes	No	When	Where	Reaction or overall experience
Counseling/Psychiatric:	___	___	_____	_____	_____
Treatment:	___	___	_____	_____	_____
Suicidal thoughts/attempts:	___	___	_____	_____	_____
Drug/alcohol treatment:	___	___	_____	_____	_____
Hospitalization:	___	___	_____	_____	_____
Diagnosis _____	Treatment Beneficial? _____				

Has a family member had outpatient psychotherapy? Yes _____ No _____

If yes, who/why (list all): _____

Current prescribed medications	Dose	Dates	Purpose	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Current over-the-counter meds	Dose	Dates	Purpose	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Has any family member used psychotropic medications? Yes _____ No _____

If yes, who/why (list all): _____

Behavioral/Emotional

Please check any of the following that are typical for you:

- | | | |
|---|--|---|
| <input type="checkbox"/> Affectionate | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Panic Attacks |
| <input type="checkbox"/> Aggressive | <input type="checkbox"/> Fearful | <input type="checkbox"/> Phobias |
| <input type="checkbox"/> Alcohol Problems | <input type="checkbox"/> Frequent Injuries | <input type="checkbox"/> Poor Appetite |
| <input type="checkbox"/> Angry | <input type="checkbox"/> Frustrated Easily | <input type="checkbox"/> Psychiatric Problems |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Gambling | <input type="checkbox"/> Sad |
| <input type="checkbox"/> Blinking, Jerking | <input type="checkbox"/> Generous | <input type="checkbox"/> Selfish |
| <input type="checkbox"/> Bizarre Behavior | <input type="checkbox"/> Hallucinations | <input type="checkbox"/> Sexual Addiction |
| <input type="checkbox"/> Careless, Reckless | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Sick Often |
| <input type="checkbox"/> Chest Pains | <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Short Attention Span |
| <input type="checkbox"/> Clumsy | <input type="checkbox"/> Hurts Animals | <input type="checkbox"/> Shy, Timid |
| <input type="checkbox"/> Cooperative | <input type="checkbox"/> Irritable | <input type="checkbox"/> Sleeping Problems |
| <input type="checkbox"/> Confident | <input type="checkbox"/> Impulsive | <input type="checkbox"/> Slow Moving |
| <input type="checkbox"/> Cyber Addiction | <input type="checkbox"/> Lazy | <input type="checkbox"/> Speech Problems |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Lies Frequently | <input type="checkbox"/> Suicidal Threats |
| <input type="checkbox"/> Destructive | <input type="checkbox"/> Listens to Reason | <input type="checkbox"/> Suicidal Attempts |
| <input type="checkbox"/> Difficulty Speaking | <input type="checkbox"/> Loner | <input type="checkbox"/> Teeth Grinding |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Low Self-Esteem | <input type="checkbox"/> Tics or Twitching |
| <input type="checkbox"/> Drugs Dependence | <input type="checkbox"/> Messy | <input type="checkbox"/> Unsafe Behaviors |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Moody | <input type="checkbox"/> Unusual Thinking |
| <input type="checkbox"/> Enthusiastic | <input type="checkbox"/> Often Sick | <input type="checkbox"/> Weight Loss |
| <input type="checkbox"/> Excessive Masturbation | <input type="checkbox"/> Over Active | <input type="checkbox"/> Withdrawn |
| <input type="checkbox"/> Expects Failure | <input type="checkbox"/> Over Weight | <input type="checkbox"/> Worries Excessively |

Other: _____

Please describe any of the above (or other) concerns: _____

Medical/Physical Health (check all that apply to your health)

- | | | |
|--|--|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Ear Aches | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Ear Infections | <input type="checkbox"/> Perceptual Motor Disorder |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Eczema | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Blackouts | <input type="checkbox"/> Encephalitis | <input type="checkbox"/> Spinal Bifida |
| <input type="checkbox"/> Blindness | <input type="checkbox"/> Fevers | <input type="checkbox"/> Suicide List |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Glandular Problems | |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Heart Diseases | |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> High Blood Pressure | |
| <input type="checkbox"/> Congenital Problems | <input type="checkbox"/> Kidney Disease | |
| <input type="checkbox"/> Croup | <input type="checkbox"/> Mental Illness | |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Migraines | |
| <input type="checkbox"/> Deafness | <input type="checkbox"/> Multiple Sclerosis | |
| <input type="checkbox"/> Diabetes | | |

Diphtheria
 Dizziness

Mental Retardation
 Muscular Dystrophy

List any current health concerns: _____

List any recent health or physical changes: _____

Describe any serious hospitalizations or accidents:

Date	Age	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

Nutrition (Define your current nutritional status)

Do you eat Breakfast, Lunch, Dinner, Snacks? Yes _____ No _____

Would you consider your food choices healthy? Yes _____ No _____

Do you have any issues relating to nutrition? Yes _____ No _____

Please explain: _____

Most Recent Examinations (Define any concerns, problems, issues)

Type of Examination	Date of Most Recent Visit	Results
Physical Examination:	_____	_____
Dental Examination:	_____	_____
Vision Examination:	_____	_____
Hearing Examination:	_____	_____

CHILDHOOD (Check corresponding boxes defining your childhood experience)

Present entire childhood: Mother _____ Father _____ Stepmother _____ Stepfather _____

Brother(s) _____ Sister(s) _____ Other (specify) _____

Present part of childhood: Mother _____ Father _____ Stepmother _____ Stepfather _____

Brother(s) _____ Sister(s) _____ Other (specify) _____

Not present at all: Mother _____ Father _____ Stepmother _____ Stepfather _____

Brother(s) _____ Sister(s) _____ Other (specify) _____

Parent's History:

Current marital status: Married to each other for ____ years;
Separated for ____ years Divorced for ____ years; Please Explain: _____

Describe parents:

Father deceased for ____ years, age of client at father's death

Father Occupation _____

Education Level _____

General Health _____

Father remarried ____ times Father involved with someone else _____

Your relationship with parent __Poor __Average __Good; Please Explain: _____

Mother deceased for ____ years, age of client at mother's death

Mother Occupation _____

Education Level _____

General Health _____

Mother remarried ____ times; Mother involved with someone else _____

Your relationship with parent __Poor __Average __Good; Please Explain: _____

Describe childhood family experience:

____ Outstanding Home Environment ____ Normal Home Environment

____ Chaotic Home Environment ____ Witnessed physical/verbal/sexual abuse toward others

____ Witnessed physical/verbal/sexual abuse from others

Age of emancipation from home: _____

Circumstances: _____

Special circumstances in Childhood: _____

IMMEDIATE FAMILY/ RELATIONSHIPS(Describe your family situation and living arrangements)

Relationship Status: ____ Never been in serious relationship

____ Not currently in relationship ____ Currently in serious relationship

Martial Status: ____ Single, never married; Engaged ____ months

Married for ____ years; Divorced for ____ years; Separated for ____ years

Divorce in process ____ months; Live-in for ____ years; Prior marriages self ____ partner _____

Relationship Satisfaction: ____ Very satisfied with relationship ____ Satisfied
 ____ Somewhat satisfied ____ Somewhat dissatisfied ____ Dissatisfied
 ____ Very dissatisfied with relationship

Describe any past or current significant issues in intimate relationships:

IMMEDIATE FAMILY CONTINUED

List all persons/family members living in client's household:

Name Family member	Age	Gender (e.g., grandparent, cousin, foster child)	Relationship (e.g., grandparent, cousin, foster child)	Quality of Relationship with the Client
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good

Others living in the household

Name	Age	Gender (e.g., grandparent, cousin, foster child)	Relationship (e.g., grandparent, cousin, foster child)	Quality of Relationship with the Client
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good

Describe any past or current significant issues in other immediate family relationships: _____

Comments: _____

FAMILY MEDICAL HISTORY (Check all that apply for client)

Is there a history of any of the following in the family:

- | | |
|---|---|
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Birth Defects | <input type="checkbox"/> Drug Abuse |
| <input type="checkbox"/> Emotional Problems | <input type="checkbox"/> Alzheimer's Disease/Dementia |
| <input type="checkbox"/> Diabetes | Other: _____ |

- Behavior Problems
- Thyroid Problems
- Cancer
- Mental Retardation
- Heart Disease
- Stroke

SUBSTANCE USE HISTORY (Check all that apply for client)

Family alcohol/drug abuse history: Father Mother Grandparent(s) -
 Sibling(s) Stepparent/live-in Uncle(s)/Aunt(s) Spouse/Significant Other
 Children Other _____ Describe: _____

Client's Substance use status: No history of abuse Active abuse
 Early full remission Early partial remission Sustained full remission
 Sustained partial remission

Clients Treatment history: Outpatient (ages[s] _____) Inpatient (age[s] _____)
12-step program (age[s] _____) Stopped on own (age[s] _____)
Describe _____

Consequences of substance use (check all that apply):

- Hangovers
- Seizures
- Blackouts
- Overdose
- Binges
- Withdrawal symptoms
- Medication complications
- Tolerance changes
- Loss of control amount used
- Sleep disturbance
- Assaults
- Suicidal impulse
- Relationship conflicts
- Job loss
- Arrest

Other: _____

Substances used (list all): _____

SOCIO-ECONOMIC HISTORY (Check all that apply)

Living Situation:

___ Housing adequate ___ Homeless ___ Housing crowded
___ Dependent on others for housing ___ Housing dangerous/deteriorating
___ Living companions dysfunctional

Employment: Where employed _____

___ Employed and satisfied ___ Employed but dissatisfied ___ Unemployed
___ Coworker conflicts ___ Supervisor conflict ___ Unstable work history
___ Disabled (describe) _____

Feelings about Work:

___ Anxious ___ Passive ___ Enthusiastic ___ Fearful
___ Eager ___ No Expression ___ Bored ___ Rebellious
___ Other (describe): _____

Financial Situation:

___ No current financial problems ___ Large indebtedness
___ Poverty or below-poverty income ___ Impulsive spending
___ Relationship conflicts over finances ___ Other(Describe) _____

Social Support System:

___ Supportive network ___ Few friends ___ Substance-use-based-friends
___ No friends ___ Distant from family of origin

Military History:

___ Never in military ___ Served in military-no incident ___ Served in military with incident
Describe _____

Legal History:

____ No legal problems ____ Now on parole/probation ____ Arrest(s) not substance-related
____ Arrest(s) substance-related ____ Court ordered this treatment

Jail/prison ____ times, total time served: ____

Describe last legal difficulty: _____

Leisure Recreational

Describe special areas of interest or hobbies (e.g. art, books, crafts, physical fitness, sports, outdoor activities, church activities, walking, exercising, diet/health, hunting, fishing, bowling)

Activity	How often now? (weekly, none, ect.)	How often in the past? (weekly, none, ect.)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

What activities do you do with your significant other? How important are these activities to you?

What issues do you wish to work on in counseling?

What are your goals for therapy? _____

Which issue is the most important to you?

What do you find yourself having the most difficulty with?

How do you cope with this?

What are two or three things you expect from your significant other? What must you get from him/her to be happy?

What are one or two things about yourself would you like to change or think you need to change?

How do you argue? How do you make up?

Describe your relationship in five years. What do you see? What do you want to see?

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Any additional information that you believe would assist us in understanding your situation?

What family involvement would you like to see in the therapy? _____

Are you currently suicidal at this time? ___Yes ___No

If Yes, explain: _____
