

Mental Health Clinic of Greenville
PO Box 377; Greenville, TX 75403
301 E, I-30 Suite 100, Greenville, TX 75401
Phone: 903-274-4140; Fax: 877-310-9115

COUPLE'S INTAKE PAPERWORK

Separate forms to be completed by each party

Client's name: _____ Date: _____

Gender: ___F ___M Date of birth: _____ Age: ___ SSN: _____

Form completed by _____

If you need more space for the following questions, please use the back of the sheet.

Primary reason(s) for seeking services:

___ Anger management ___ Anxiety ___ Coping ___ Depression

___ Addictive behaviors ___ Fear/phobias ___ Mental confusion ___ Sexual concerns

___ Sleeping problems ___ Eating disorder ___ Alcohol/drugs ___ Hyperactivity

___ Other mental health concerns (specify): _____

EMOTIONAL/PSYCHIATRIC TREATMENT HISTORY

Information about (past and present):

	Yes	No	When	Where	Reaction or overall experience
Counseling/Psychiatric:	___	___	_____	_____	_____
Treatment:	___	___	_____	_____	_____
Suicidal thoughts/attempts:	___	___	_____	_____	_____
Drug/alcohol treatment:	___	___	_____	_____	_____
Hospitalization:	___	___	_____	_____	_____
Diagnosis _____	Treatment Beneficial? _____				

Has a family member had outpatient psychotherapy? Yes _____ No _____

If yes, who/why (list all): _____

Current prescribed medications	Dose	Dates	Purpose	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Current over-the-counter meds	Dose	Dates	Purpose	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Has any family member used psychotropic medications? Yes _____ No _____

If yes, who/why (list all): _____

Behavioral/Emotional

Please check any of the following that are typical for you:

- | | | |
|---|--|---|
| <input type="checkbox"/> Affectionate | <input type="checkbox"/> Fearful | <input type="checkbox"/> Poor Appetite |
| <input type="checkbox"/> Aggressive | <input type="checkbox"/> Frequent Injuries | <input type="checkbox"/> Psychiatric Problems |
| <input type="checkbox"/> Alcohol Problems | <input type="checkbox"/> Frustrated Easily | <input type="checkbox"/> Sad |
| <input type="checkbox"/> Angry | <input type="checkbox"/> Gambling | <input type="checkbox"/> Selfish |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Generous | <input type="checkbox"/> Sexual Addiction |
| <input type="checkbox"/> Blinking, Jerking | <input type="checkbox"/> Hallucinations | <input type="checkbox"/> Sick Often |
| <input type="checkbox"/> Bizarre Behavior | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Short Attention Span |
| <input type="checkbox"/> Careless, Reckless | <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Shy, Timid |
| <input type="checkbox"/> Chest Pains | <input type="checkbox"/> Hurts Animals | <input type="checkbox"/> Sleeping Problems |
| <input type="checkbox"/> Clumsy | <input type="checkbox"/> Irritable | <input type="checkbox"/> Slow Moving |
| <input type="checkbox"/> Cooperative | <input type="checkbox"/> Impulsive | <input type="checkbox"/> Speech Problems |
| <input type="checkbox"/> Confident | <input type="checkbox"/> Lazy | <input type="checkbox"/> Suicidal Threats |
| <input type="checkbox"/> Cyber Addiction | <input type="checkbox"/> Lies Frequently | <input type="checkbox"/> Suicidal Attempts |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Listens to Reason | <input type="checkbox"/> Teeth Grinding |
| <input type="checkbox"/> Destructive | <input type="checkbox"/> Loner | <input type="checkbox"/> Tics or Twitching |
| <input type="checkbox"/> Difficulty Speaking | <input type="checkbox"/> Low Self-Esteem | <input type="checkbox"/> Unsafe Behaviors |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Messy | <input type="checkbox"/> Unusual Thinking |
| <input type="checkbox"/> Drugs Dependence | <input type="checkbox"/> Moody | <input type="checkbox"/> Weight Loss |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Often Sick | <input type="checkbox"/> Withdrawn |
| <input type="checkbox"/> Enthusiastic | <input type="checkbox"/> Over Active | <input type="checkbox"/> Worries Excessively |
| <input type="checkbox"/> Excessive Masturbation | <input type="checkbox"/> Over Weight | Other: _____ |
| <input type="checkbox"/> Expects Failure | <input type="checkbox"/> Panic Attacks | |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Phobias | |

Please describe any of the above (or other) concerns: _____

Medical/Physical Health (check all that apply to your health)

- | | | |
|--|--|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diphtheria | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Blackouts | <input type="checkbox"/> Ear Aches | <input type="checkbox"/> Mental Retardation |
| <input type="checkbox"/> Blindness | <input type="checkbox"/> Ear Infections | <input type="checkbox"/> Muscular Dystrophy |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Eczema | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Encephalitis | <input type="checkbox"/> Perceptual Motor Disorder |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Fevers | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Congenital Problems | <input type="checkbox"/> Glandular Problems | <input type="checkbox"/> Spinal Bifida |
| <input type="checkbox"/> Croup | <input type="checkbox"/> Heart Diseases | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> High Blood Pressure | |
| <input type="checkbox"/> Deafness | <input type="checkbox"/> Kidney Disease | |

List any current health concerns: _____

List any recent health or physical changes: _____

Describe any serious hospitalizations or accidents:

Date	Age	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

Nutrition (Define your current nutritional status)

Do you eat Breakfast, Lunch, Dinner, Snacks? Yes _____ No _____

Would you consider your food choices healthy? Yes _____ No _____

Do you have any issues relating to nutrition? Yes _____ No _____

Please explain: _____

Most Recent Examinations (Define any concerns, problems, issues)

Type of Examination	Date of Most Recent Visit	Results
Physical Examination:	_____	_____
Dental Examination:	_____	_____
Vision Examination:	_____	_____
Hearing Examination:	_____	_____

CHILDHOOD (Check corresponding boxes defining your childhood experience)

Present entire childhood: Mother ____ Father ____ Stepmother ____ Stepfather ____

Brother(s) _____ Sister(s) _____ Other (specify) _____

Present part of childhood: Mother ____ Father ____ Stepmother ____ Stepfather ____

Brother(s) _____ Sister(s) _____ Other (specify) _____

Not present at all: Mother ____ Father ____ Stepmother ____ Stepfather ____

Brother(s) _____ Sister(s) _____ Other (specify) _____

Parent's History:

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Current marital status: Married to each other for ____ years;
Separated for ____ years Divorced for ____ years; Please Explain: _____

Describe parents:

Father deceased for ____ years, age of client at father's death

Father Occupation _____

Education Level _____

General Health _____

Father remarried ____ times Father involved with someone else _____

Your relationship with parent __Poor __Average __Good; Please Explain: _____

Mother deceased for ____ years, age of client at mother's death

Mother Occupation _____

Education Level _____

General Health _____

Mother remarried ____ times; Mother involved with someone else _____

Your relationship with parent __Poor __Average __Good; Please Explain: _____

Describe childhood family experience:

____ Outstanding Home Environment _____ Normal Home Environment

____ Chaotic Home Environment _____ Witnessed physical/verbal/sexual abuse toward others

____ Witnessed physical/verbal/sexual abuse from others

Age of emancipation from home: _____

Circumstances: _____

Special circumstances in Childhood: _____

IMMEDIATE FAMILY/ RELATIONSHIPS (Describe your family situation and living arrangements)

Relationship Status: ____ Never been in serious relationship

____ Not currently in relationship ____ Currently in serious relationship

Marital Status: ____ Single, never married; Engaged ____ months

Married for ____ years; Divorced for ____ years; Separated for ____ years

Divorce in process ____ months; Live-in for ____ years; Prior marriages self ____ partner ____

Relationship Satisfaction: ____ Very satisfied with relationship ____ Satisfied

____ Somewhat satisfied ____ Somewhat dissatisfied ____ Dissatisfied

____ Very dissatisfied with relationship

Describe any past or current significant issues in intimate relationships:

IMMEDIATE FAMILY CONTINUED

List all persons/family members living in client's household:

Name Family member	Age	Gender __F __M	Relationship (e.g., grandparent, cousin, foster child)	Quality of Relationship with the Client
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good

Others living in the household

Relationship
(e.g., grandparent, cousin, foster child)

_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good
_____	_____	__F __M	_____	__Poor __Average __Good

Describe any past or current significant issues in other immediate family relationships: _____

Comments: _____

FAMILY MEDICAL HISTORY (Check all that apply for client)

Is there a history of any of the following in the family:

- | | | |
|---|---|---|
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Cancer | <input type="checkbox"/> Drug Abuse |
| <input type="checkbox"/> Birth Defects | <input type="checkbox"/> Mental Retardation | <input type="checkbox"/> Alzheimer's |
| <input type="checkbox"/> Emotional Problems | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Disease/Dementia |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Behavior Problems | <input type="checkbox"/> Alcoholism | Other: _____ |
| <input type="checkbox"/> Thyroid Problems | | |

SUBSTANCE USE HISTORY (Check all that apply for client)

Family alcohol/drug abuse history: ___ Father ___ Mother ___ Grandparent(s) -
___ Sibling(s) ___ Stepparent/live-in ___ Uncle(s)/Aunt(s) ___ Spouse/Significant Other
___ Children ___ Other _____ Describe: _____

Client's Substance use status: ___ No history of abuse ___ Active abuse
___ Early full remission ___ Early partial remission ___ Sustained full remission
___ Sustained partial remission

Clients Treatment history: Outpatient (ages[s] _____) Inpatient (age[s] _____)
12-step program (age[s] _____) Stopped on own (age[s] _____)
Describe _____

Consequences of substance use (check all that apply):

___ Hangovers ___ Medication complications ___ Relationship conflicts
___ Seizures ___ Tolerance changes ___ Job loss
___ Blackouts ___ Loss of control amount used ___ Arrest
___ Overdose ___ Sleep disturbance Other: _____
___ Binges ___ Assaults
___ Withdrawal symptoms ___ Suicidal impulse

Substances used (list all): _____

SOCIO-ECONOMIC HISTORY (Check all that apply)

Living Situation:

___ Housing adequate ___ Homeless ___ Housing crowded
___ Dependent on others for housing ___ Housing dangerous/deteriorating
___ Living companions dysfunctional

Employment: Where employed _____

___ Employed and satisfied ___ Employed but dissatisfied ___ Unemployed
___ Coworker conflicts ___ Supervisor conflict ___ Unstable work history
___ Disabled (describe) _____

Feelings about Work:

Anxious Passive Enthusiastic Fearful
 Eager No Expression Bored Rebellious
 Other (describe): _____

Financial Situation:

No current financial problems Large indebtedness
 Poverty or below-poverty income Impulsive spending
 Relationship conflicts over finances Other(Describe) _____

Social Support System:

Supportive network Few friends Substance-use-based-friends
 No friends Distant from family of origin

Military History:

Never in military Served in military-no incident Served in military with incident
Describe _____

Legal History:

No legal problems Now on parole/probation Arrest(s) not substance-related
 Arrest(s) substance-related Court ordered this treatment
Jail/prison _____ times, total time served: _____
Describe last legal difficulty: _____

Leisure Recreational

Describe special areas of interest or hobbies (e.g. art, books, crafts, physical fitness, sports, outdoor activities, church activities, walking, exercising, diet/health, hunting, fishing, bowling)

Activity	How often now? (weekly, none, ect.)	How often in the past? (weekly, none, ect.)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

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What activities do you do with your significant other? How important are these activities to you?

What issues do you wish to work on in counseling?

What are your goals for therapy? _____

Which issue is the most important to you?

What do you find yourself having the most difficulty with?

How do you cope with this?

What are two or three things you expect from your significant other? What must you get from him/her to be happy?

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What are one or two things about yourself would you like to change or think you need to change?

How do you argue? How do you make up?

Describe your relationship in five years. What do you see? What do you want to see?

Any additional information that you believe would assist us in understanding your situation?

What family involvement would you like to see in the therapy? _____

Are you currently suicidal at this time? ___Yes ___No

If Yes, explain: _____
